

Pine Ridge Youth Gardening
Oglala Lakota College
Agriculture & Natural Resource Department
Piya Wiconi Road, P.O. Box 490
Kyle, SD 57752
605-455-6085



Gardening For Fun!

Basic rules to have fun gardening:

1. Answer this question:
What type of vegetable do you like to eat?
2. Start small. Plan out a 5-foot buy 5-foot garden plot or smaller with an adult. You can enlarge it next year.
3. Shop for your seeds or plants.
4. Contact an adult gardener for help.



Garden Planning



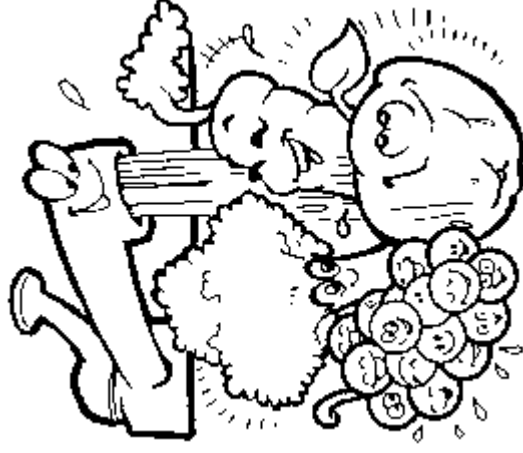
Planning Your Garden Plot

1. Plan on paper.
2. Change your paper plan when needed.
3. Ask for help.
4. Have fun and enjoy eating your fresh veggies.



Garden Food Safety

1. Ask an adult for help with all garden tools.
2. Harvest your veggies or flowers with help from elders.
3. Wash all veggies with clean water.
4. Eat and enjoy raw veggies.

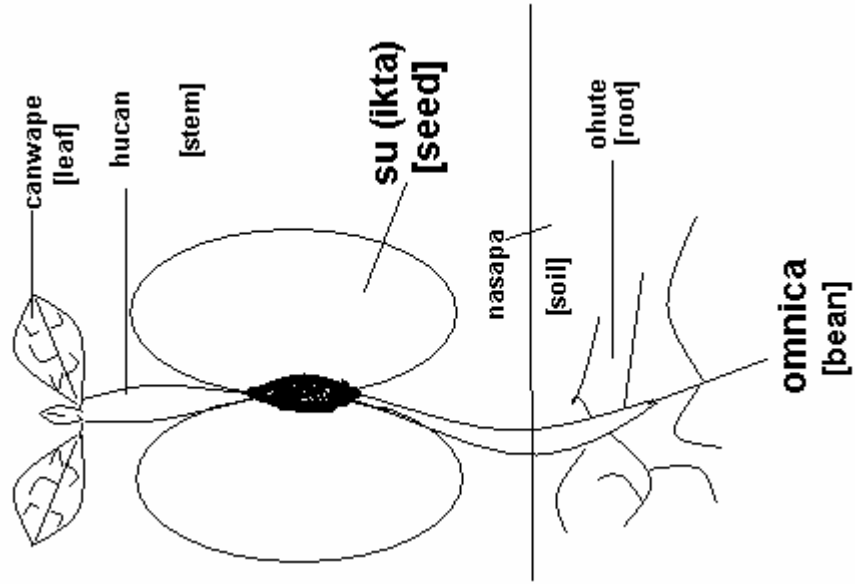


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Youth Gardening

Spring 2007



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Contact your Land Grant College or University Outreach Extension Education office for help.

- Oglala Lakota College's Outreach Coordinator: Ms. Julie Goings or
- Oglala Lakota College's Agriculture Field Aide: Mr. Ben Rosales