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Date: 25 May 2006

North Cave Hills, Harding County, South Dakota

Lakota name of plant: “caŋlogaŋ ha slusluta” (slippery skin weed)

Common English name of plant: White Beardtongue, White Penstemon

Botanical Name: Penstemon albidus

Native Range: Mixed grass prairie

Season of Growth: Cool season perennial

Plant Family: Scrophulariaceae, Figwort

Common Use:

Chewed root was held against tooth to ease pain

References:

Johnson, James R., Gary E. Larson. 1999. *Grassland Plants of South Dakota and the Northern Great Plains*. South Dakota State University, Brookings, South Dakota. (p. 230)

Larson, Gary E., James R. Johnson. 1999. *Plants of the Black Hills and Bear Lodge Mountains*. South Dakota State University, Brookings, South Dakota. (p. 350)

Rogers, Dilwyn J 1980 *Lakota Names and Traditional Uses of Native Plants by Sicangu (Brule) People in the Rosebud Area, South Dakota*. St. Francis, SD. Rosebud Educational Society (p. 59 #271)